



## Photo assignment

*How you see the connection between soil - food - health*

As an extra challenge, we invite you to go exploring with your camera. This is a way to reflect on how you think about the (microbial) connection between soil health, food quality, and human health. You don't need to take perfect photos to complete this assignment. It's really about what you notice, feel, or find meaningful. So, using the camera on your phone is completely fine.

### The assignment:

Below you'll find three questions. For each of these, take one photo that represents the theme for you. Choose intuitively: what strikes you, what moves you, what feels meaningful?

1. What is the smallest (but visible) life in the soil? Take a photo of it. Also think: what life is there, but invisible to the naked eye?
2. What food do you associate with microorganisms? Take a photo of that.
3. How do microorganisms in the soil (directly) affect your own health? Capture that in a photo.

### The rules:

- Do not take photos of people's faces: to protect privacy, no identifiable individuals may appear in the photos. Hands, backs, or silhouettes are fine, if not identifiable.
- Avoid other sensitive information: do not photograph house numbers, license plates, medical information, personal documents, etc.
- Use only your own photos: do not use images from the internet or from others.
- Be respectful of nature and your surroundings: do not disturb animals, do not pick plants unnecessarily, and do not enter restricted areas.
- Creativity over perfection: it's about the meaning you attach to something, not about technical quality.

### How to submit your photos:

Send each photo in a separate email to: [proefjetuin@biology.leidenuniv.nl](mailto:proefjetuin@biology.leidenuniv.nl), and include a short explanation (1–3 sentences) for each photo: What do you see? Why did you choose this image? What does it say about the relationship between soil, food, and health? If you agree, we may contact you for a follow-up interview on these themes.